The 10th Annual South Carolina Association for Play Therapy Conference

Play Therapy with Children Affected by Trauma: A Jungian Perspective

Featuring Eric J. Green, PhD, LPC, LMFT, RPT

Saturday, February 16 - Sunday, February 17, 2008

Riverbanks Zoo Magnolia Room-Botanical Gardens-Columbia, SC

Saturday, February 16, 2008 Registration: 8:30AM - 9:00AM

Schedule: 9:00 AM - 12:00 PM Morning Session
12:00 PM - 1:30 PM Lunch On Site (Founding Celebration Luncheon)
1:30 PM - 4:30 PM Afternoon Session

Presenter: Eric J. Green, PhD, LPC, LMFT, RPT in a certified school counselor and Assistant Professor, Department of Counseling and Human Services, Johns Hopkins University (JHU), where he coordinates a graduate certificate play therapy program. His research and clinical focus is on counseling elementary school children affected by trauma. He maintains a part-time private practice in child psychotherapy in Rockville, MD. Dr. Green has contributed book chapters and articles to state and national journals. He has been an invited presenter at national and international professional counseling conferences. Dr. Green led the 2005 JHU Play Therapy Initiative in the aftermath of Hurricane Katrina. Two weeks after the storm made landfall, he and a team of clinicians provided disaster mental health counseling and mental health triage services, through the Red Cross, to displaced children in south Louisiana and consultation for school administrators. Dr. Green was featured in an hour long documentary on CNN, “Children of the Storm,” and was interviewed on CNN’s The Paula Zahn Show. Dr. Green has served on APT Committees; is an APT-approved provider of continuing education; a member of the 2007 APT Leadership Academy Class; and member of the MD/DC APT Board; a member of the International Journal of Play Therapy Editorial Board; and the 2006 recipient of the APT Public Education and Promotion Award.

Summary: A brief overview of the theoretical framework for Jungian Analytical Play Therapy (JAPT) and its metaphysical tenets will be given. The Jungian therapist’s understanding of the child’s psyche during trauma, the analytical attitude involved in play, the salience of the therapeutic relationship (including the impact of the therapist’s unconscious on the therapeutic relationship), and the developmental stages in the play therapy process with traumatized children will be presented. Teaching modalities will include interactive lecture, video-taped session of JAPT with a traumatized child, and experiential JAPT activities. Participants will be shown how to use JAPT to activate the self-healing archetype in children who have been affected by stress/trauma. The depth of the therapeutic relationship and the client’s position in the archetypal, mythological underworld will be discussed as the centerpiece for therapeutic change and ego-development. Participants will leave with the tools to begin the exploration of implementing Jungian-based child psychotherapy in their practice with children and adolescents.

Objectives: At the completion of this workshop, participants will be able to: 1) list and explain the primary theoretical foundations of Jungian Analytical Play Therapy (JAPT); 2) summarize the central tenets of Carl Jung’s psychology; 3) discuss how the Jungian therapist understands the child’s psyche; 4) analyze the Jungian meaning of play with a child; 5) list the developmental stages involved in the play therapy process; 6) demonstrate a beginning awareness of what skills and dispositions are needed to guide children toward self-healing by focusing on the therapeutic relationship and by participating in experiential JAPT activities.

Note to Workshop Registrants to:

Registrants may want to locate journal articles, book chapters, or academic and professional web based information on Carl Jung’s psychology. Participants may also want to clear one’s psyche (centering), a few moments before the workshop in order to feel fully alive in the moment and engage with the symbols and mythology entailed within the presentation.

Sunday, February 17, 2008

Registration: 8:30AM - 9:00AM

9:00 AM - 12:00 PM Morning Session

Presenter: Eric J. Green

12:00 PM - 1:00 PM Lunch On Site with SCAPT Business Meeting
(1 Contact Hour - ACE and Teacher Certification Credit only)

1:00 PM - 3:00 PM Workshop Session A: Supervision Training
Using Role Play Activities in Client-Centered Play Therapy Supervision

Presenter: Sandra Frick-Helms, PhD, RN, WPTS, and IBECPT Certified Professor & Supervisor of Child Psychotherapy and Play Therapy

Presenter: Sandra Frick-Helms, PhD, RN, is: Registered Play Therapist & Supervisor; IBECPT Certified Professor & Supervisor of Child Psychotherapy and Play Therapy; SCAPT Founding President; Clinical Editor, APT Newsletter and Play Therapy (tm) magazine; Faculty Associate, Johns Hopkins University Department of Counseling and Human Services; Clinical Professor of Child Psychiatry & Behavioral Medicine, University of South Carolina School of Medicine; Adjunct Professor, Converse College Postgraduate Marriage & Family Therapy Program. Dr. Helms has authored more than 30 publications focusing on play therapy, child growth and development, etc. and has presented papers, workshops and seminars at local, state, regional, national and international conferences and symposia

Summary: This session focuses on how role play can be used in supervising play therapists and student play therapists, who use or are learning client-centered play therapy (CCPT). Workshop content includes background for the use of role play as an educational technique; criteria for constructing effective role play exercises; and techniques to enhance the effectiveness of the use of role play in play therapy supervision. Participants will have opportunities to participate in role plays and practice techniques to enhance the effectiveness supervision of role plays. This workshop is based, in part, on the following publication: Frick-Helms, S.S. (in press). Enhancing role play activities in play therapy supervision groups. In A. Drewes & J. Mullen. Supervision can be playful: Techniques for child and play therapist supervisors. NY: Jason Aronson. Participants who wish to read a copy before the workshop should contact Dr. Frick-Helms at sfh1961@mindspring.com.

Objectives: At the end of this workshop, participants will be able to: 1) list at least three post-secondary education disciplines in which role play is an accepted instructional technique; 2) list and discuss the criteria for constructing effective role play exercises; 3) construct and fill out forms to enhance the effectiveness of the use of role play in play therapy supervision; 4) provide effective verbal and written feedback to supervisees who role play CCPT sessions.

1:00 Ñ 3:00 Workshop Session B: Supervision Training

Supervising the Beginning Play Therapist: A Developmental Model

Presenter: Deborah Armstrong Hickey, PhD, is a licensed Marriage and Family Therapist who specializes in Expressive and Play Therapies. She has over twenty eight years of experience as a clinician, has served as the President of the California APT and is President-Elect of the SCAPT; she is Assistant Professor in Psychology at Greenville Technical College, is a Faculty Research Mentor at Walden University, and engages in a private practice at the Mindgarden, in Greenville, SC, where she makes a home.

This breakout session will introduce supervising therapists with practices which are specific to the needs of beginning play therapists using a developmental perspective. Needs of the beginning, the moderately experienced play therapist, and the accomplished play therapist will be discussed. The presentation will include a lecture, several supervision case examples, and an experiential exercise.

Objective: The participants will become familiar with: 1) the basic skills which are essential to the practice of play therapy with a population across the lifespan; 2) a collaborative approach to determining strengths and areas of weakness in the skills of the developing play therapists; 3) a developmental model of supervising developing play therapists; 4) supervision concerns which are particular to each stage of developing practices in play therapy.

3:15-4:45 Sandplay Overview and Case Study

Presenter: Keren M. Riegel, Ed. S., NCC, NCSC is a Registered Play Therapy and Licensed Professional Counselor Supervision and is Clinical Member-American Association for Marriage and Family Therapy. Keren M. Riegel, Ed. S., NCC, NCSC is a Registered Play Therapy and Licensed Professional Counselor Supervision and is Clinical Member-American Association for Marriage and Family Therapy. Mrs. Riegel is Past President and a Founding Member of SCAPT. She works as a School Counselor and in the past she worked as a special education and classroom teacher prior to her career as an elementary school counselor in Richland School District On. She is in private practice focusing on work with children and families. She presented at local and state convention on the subject of Play Therapy and Sandplay with a child.

Summary: This workshop includes lecture, audiovisuals, questions and answers, discussion to present a brief history and overview of theory and techniques used by Doris Kalff and include a Sandplay case study with a child.

Objectives: The participants will be able to: 1) understand how Sandplay came to be used in play therapy; 2) identify and recognize the theory and techniques of Kalffian Sandplay; 3) recognize the power of Sandplay through exploration of a Sandplay case study.

4:45-5:00 Closing Ceremony Deb Armstrong Hickey, Ph. D., WPTS

Registration includes a 12 Contact Hour Continuing Education Certificate, Lunch, and Drinks.
Make checks payable to SCAPT.

Members  Non Members
_____ I will attend both days at: $140.00 $160.00
_____ I will attend only Friday at: $ 70.00 $ 80.00
_____ I will attend only Saturday at $ 70.00 $ 80.00
Total included: _____________

After January 31, registration is $100 a day for all. NO REFUNDS AFTER January 31, 2008.

Make checks payable to SCAPT. Mail to: Larue Bettis; 2208 Raven Trail; West Columbia, SC 29169.

Name: ________________________________________________________________
Address: ______________________________________________________________
Phone: ________________________________________________________________
E-mail: ________________________________________________________________
Special Needs instructions: ________________________________________________
Luncheon Selection: Vegetarian____ Meat_____ Handicap Access

For more information e-mail the SCAPT President, Larue Bettis at e-mail (larueb@solutionsforlife.org)

Continuing Education: This conference carries 12 Contact Hours specific to Play Therapy. The SC Association for Play Therapy (APT Provider #99-061) and the SC Counseling Association (SCCA) provide Continuing Education. SCCA is recognized by NBCC (Provider # 2041) and the SC Board for Counselors, Therapists, Psycho-Educational Specialists (Provider # F-003) to offer Continuing Education for LPC, MFT, Psycho-Educational Specialists, and National Certified Counselors. This Conference adheres to the guidelines of APT, NBCC and SC State Department of Education for Teacher Certification Renewal (www.scteachers.org). SCAPT is responsible for the program content. * Verification of Attendance Certificates* For NCCs & SC Teacher Re-Certification Renewal only is available at no charge for attending the SCAPT Business Meeting.

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Who should Attend? Mental Health Counselors, Psychologists, Psychiatrists, Social Workers, School Counselors, Marriage and Family Therapists, Play Therapists, Educators, Early Childhood Educators, Developmental Specialists, Psycho-Educational Specialists, and other interested professionals.

Location: Columbia, SC- Riverbanks Zoo-1301 Botanical Parkway-Entrance off Highway 378
River Banks Zoo Magnolia Room-Botanical Gardens-Columbia, SC http://www.riverbanks.org/zoo/

Hotel options: Best Value Inn (Formerly Ramada Inn West 803-796-2781) & Hampton Inn (803-791-8940). Both of these hotels are visibly located at exit 118 off I-26.