



South Carolina Association for Play Therapy

3/23/10

Dear SCAPT Membership,

I am writing this communication to thank the Board and the entire membership for all that they have done and continue to do on behalf of the practice of Play Therapy and the healing of children and families throughout our communities. In our particular culture play has come to be thought of as something frivolous, unnecessary, and perhaps even a 'waste of time'. Nothing could be farther from the truth!

Play engages our entire embodied selves and early in our life contributes to building all aspects of our development: physical, cognitive, moral, emotional, interpersonal, and yes, I would suggest even spiritual. All mammals play and that of course, includes humans. Play is a phenomenon that springs forth from us without provocation or encouragement. It is usually deeply pleasurable, and how we play, what we feel inspired to partake of in our play, rides the tension of our growth without our even thinking about it.

Those who know me know that I usually connect things with neuroscience and let me say that play is ignited through the right hemisphere of the brain, that then connects with the left, contributing substantially to our integrative functions, and that certainly promotes well being and health for us. As Dan Siegel say, 'An integrated brain is a healthy brain'!

So if anyone you know, colleagues or otherwise, challenges the importance of play, just respond with noting that everything that is creative and integrative springs forth from the right side of the brain, which is strengthened through play, and that the left side, where logic, linear, and language resides, has a job to put into action what is discovered through play.

We now have a new president, Robert Horak, and I ask that you provide him with as much or even more support and encouragement than you provided me with. We also have several new Board members to welcome and celebrate. Your Board is listed below.

I thank each one of these esteemed individuals for their continued commitment to our profession.

Warmly and with gratitude!

Deb Hickey



South Carolina Association for Play Therapy

2010-2011 SCAPT Board of Directors

President-Robert Horak, PhD (horak@heathwood. org)

Immediate Past President-Deborah Hickey, PhD (deborah.hickey@ [capella.edu](mailto:deborah.hickey@capella.edu))

Founding President-Sandra Frick-Helms, PhD(shf1961@mindspring. com)

Treasurer-Sally Moore, Ed.S. (treasurer4scapt@ [yahoo.com](mailto:treasurer4scapt@yahoo.com))

Membership-Cynthia Crawford, PhD (ccrawf15@aol.com)

Recording Secretary-Sarah Smith, Ed.S. (SSmith3800@aol.com)

Corresponding Secretary-Barbara Jennings, Ed.S. (bpjennings@hotmail.com)

CE Director-Norma Colwell, Ed.S. (daniel_colwell@ bellsouth. net)

Web Liaison- Keren Riegel, Ed.S. (riegelk@bellsouth. net)

Parliamentarian-Bill Riddle, Ed.S. (wriddle@richlandon e.org)

At-Large-Member-Carol Knight, Ed.S. (gck222@aol.com)

At-Large-Member-Frankie Moore, M. Ed. (fmoore@prtcnet. com)