



The 13th Annual SC Association for Play Therapy
Using Superheroes in Counseling and Play Therapy
9 CE's Approved by APT Specific to Play Therapy
March 4-5, 2011- Heathwood Hall Episcopal Academy-Columbia, SC
Featuring Dr. Lawrence Rubin

Lawrence Rubin, Ph.D., LMHC, RPT-S, is a Professor of Counselor Education at St. Thomas University in Miami, Florida, and clinician in private practice in Fort Lauderdale, Florida, where he works with children, teens and families. He is immediate past president of the Florida Association for Play Therapy, has presented nationally, and has published widely at the intersection of popular culture, counseling and psychology. Two of his publications, "Using Superheroes in Counseling and Play Therapy" and "Popular Culture in Counseling, Psychotherapy and Play-based Interventions", have provided clinicians with highly useful interventions.



Superhero Overview: In our culture, the superhero is that ubiquitous, unique, larger-than life figure, who by virtue of gift, accident, calling or legacy possesses powers and abilities that allow them to fight evil, protect the innocent and better society. Given their endurance, ubiquity, popularity and appeal, it is not surprising that superheroes have found their way into the lives of children, teens, adults, and the therapist's office. This didactic and experiential two-day workshop will explore the various and creative ways in which play therapists and counselors can integrate the rich and multi-layered superhero metaphor into their clinical work with children, teens and adults.

Objectives: The participants will 1) examine the role and importance of fantasy and imagination in development; 2) explore the role of myth and metaphor in play therapy and counseling; 3) review the important social and cultural relevance of both the hero and superhero; 4) explore the key therapeutic elements of the superhero myth; 5) integrate superheroes into individual and group play therapy for a wide range of clinical issues with children, teens and adults; 6) incorporate issues of gender, race, religion and culture into superhero-focused play therapy and counseling; 7) explore the dynamic relationship between the counselor, client and therapeutic relationship through dynamic hands-on and imagery-based exercises; and 8) review and discuss how the many facets of popular culture (television, comics and movies) can enliven the use of superheroes in and outside of the playroom.



Continuing Education: This conference carries **9 Continuing Education Contact Hour Credits specific to Play Therapy**. The SC Association for Play Therapy (APT Provider #99-061) and the SC Counseling Association (SCCA) provide Continuing Education. SCCA is recognized by NBCC (ACEP Permanent Provider # 2041) and the SC Board for Counselors, Therapists, Psycho-Educational Specialists (Permanent Provider # 069) to offer Continuing Education for LPC, MFT, Psycho-Educational Specialists, and National Certified Counselors. This Conference adheres to the guidelines of APT, NBCC and SC State Department of Education for Teacher Certification Renewal (www.scteachers.org). SCAPT is responsible for the program content. (Contact-Norma Colwell-Phone-803-691-5949 or email: daniel_colwell@bellsouth.net for questions relating to Continuing Education.)



For information about the SCAPT Conference

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