



## South Carolina Counselors: Making Connections

**SCCA Preconference Workshop Overview February 23, 2012**



**February 23, 2012 9:00 am-Noon**

### **Using Child-Centered Play Therapy in Your Practice\***

Presenters: Kaitlyn Orsborn, Ed.S. and Robert Horak, Ph.D.



Play Therapy can be used in a myriad of counseling situations. Through this workshop, the presenters plan to explore the vast uses of Play Therapy and discuss the importance of Play Therapy with clients of all ages. Both School and Marriage, Couples and Family counselors benefit from learning more about how to incorporate Play Therapy into their practice. Using a Client-Centered Play Therapy approach, the presenters plan to provide information and strategies to help attendees understand the benefits of the play therapy for a variety of clients. Resources will be provided and multiple activities demonstrated.

Objectives: The participants will 1) examine the benefit of using Child Centered Play Therapy in a variety of counseling settings including school, mental health, and private practice and 2) explore play therapy approaches to incorporate strategies as School Counselors, Mental Health Counselors, and Marriage and Family Therapists.

Kaitlyn Orsborn holds a B.S. in Middle Childhood Education (Grades 4-9) from the Miami University and an Ed.S. Degree in K-12 School Counseling from the University of South Carolina (USC). Prior to obtaining her Ed.S. she was a fifth grade Language Arts and Reading teacher with Mount Vernon City Schools in Mount Vernon, Ohio. During her graduate work at USC she served as the Faculty-Student Liaison for Chi Sigma Iota, Upsilon Sigma Chi. She was a co-presenter for the 47<sup>th</sup> Annual SC Counseling Association Conference in 2011 and a co-presenter at the 5th Annual Counseling Graduate Student Conference sponsored by the Upsilon Sigma Chi Chapter of Chi Sigma Iota at the University of South Carolina in 2011.



Dr. Robert Horak earned his Doctor of Philosophy from the USC, Department of Educational Psychology in Counselor Education. He is an invited consultant and trainer for teaching institutes across the state and has presented at both state and national professional meetings. Dr. Horak is a published author in the field of counseling and development and has served as an adjunct professor teaching courses in Group Counseling, Communication Skills, Helping Middle School Teachers Deal with School Violence, Counseling Foundations, Internship, Human Growth and Development and Professional Orientation and Ethics for the University of South Carolina, Webster University and Coker College. He holds a full-time position as counselor at Heathwood Hall Episcopal School in Columbia, South Carolina. He serves as the president of the South Carolina Association of Play Therapy, and maintains a private practice in Columbia, SC as a Licensed Professional Counselor.

**\*This preconference workshop is co-sponsored by the SCAPT and qualifies for Play Therapy contact hour credits.**



**February 23, 2012**

**1:00 pm-4:00 pm**

**Make It or Take It Off the Shelf:  
Play Therapy Approaches At Your Finger Tips\***

Presenters: Lécole Sanders, MSW, LISW and Kaycee F. Carter, MSW, LISW

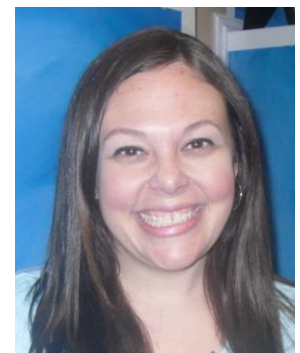
This workshop gives school counselors and/or therapists creative therapeutic ways to use children's books, workbooks, and games you probably already have, can get inexpensively, or make yourself. During this interactive workshop the presenters hope to inspire participants to explore and think creatively to provide a therapeutic environment. The participants will discover ways to incorporate play therapy into the school or private setting as they face budget cuts. Play Therapy approaches will be explored using basic children's board game, books, free resources, and resources they may already have to therapeutically benefit children with emotional and behavioral difficulties in this theory based workshop.



Objectives: The participants will 1) identify ways play therapy approaches benefit children in school and private settings; 2) explore the benefits of using materials they have on hand, make, or can get for little or no money in a creative way; 3) identify useful materials and modify materials to benefit their students or clients; and 4) examine play therapy strategies, books, and games presented to enhance their counseling and therapy with children with emotional and behavioral problems.

*Lécole Sanders is a Licensed Independent Social Worker. This is her seventh year with Florence School District One and her fourth at Lester Elementary. She works with students to help them better function emotionally and behaviorally at school through the use of therapeutic techniques, skill building, play therapy strategies, and consultation with teachers and staff in regards to behavior management in the classroom. Mrs. Sanders is also a contract counselor at Fuller Life Strategies in Florence, SC and serves children, adolescents and adults who are experiencing behavioral and emotional difficulties.*

*Kaycee F. Carter is a Licensed Independent Social Worker-Clinical Practice. This is her sixth year with Dewey L. Carter Elementary School in Florence School District One. She works with students who are experiencing behavioral or emotional difficulties to help them become as successful as possible in the school environment. She utilizes cognitive-behavioral therapy, psycho-education, client-centered therapy and play therapy techniques in her daily interactions with children. She also works closely with teachers, school administrators and other staff members to facilitate and implement behavior and classroom management strategies that best meet student needs. Ms. Carter is also a contract counselor at Palmetto Family Works in Florence, SC and serves children, adolescents and adults who are experiencing behavioral and emotional difficulties.*



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